- $Q_i$  is methyl.
- 2. The compound according to claim 1 which is substantially enantiopure.
- 3. The compound according to claim 1 wherein Q is lower alkoxy containing 1-3 carbon atoms.
- 4. The compound according to claim 3 wherein Q is methoxy.
- 5. The compound according to claim 1 wherein Ar is 10 unsubstituted phenyl.
  - 6. The compound according to claim 1 wherein halo is fluoro.
- 7. The compound according to claim 1 wherein Q is alkoxy containing 1-3 carbon atoms and Ar is unsubstituted phenyl:
  - 8. The compound according to claim 1 which is (R)-N-Benzyl 2-Acetamido-3-methoxypropionamide.
- 9. The compound according to claim 8 which contains at 20 least 90% (w/w) R stereoisomer.
  - 10. A therapeutic composition comprising an anticonvulsant effective amount of a compound according to any one of claims 1-9 and a pharmaceutical carrier therefor.
- 11. A method of treating central nervous system disorders in an animal comprising administering to said animal in need thereof an anticonvulsant effective amount of a compound according to any one of claims 1-9.
- 12. The method according to claim 11 wherein the animal 30 is a mammal.
  - 13. The method according to claim 12 wherein the mammal is a human.